



**Giving hope  
to those  
affected by  
secondary  
breast cancer**

[Make2ndsCount.co.uk](http://Make2ndsCount.co.uk)

# About Us

Make 2nds Counts is a UK wide charity which supports secondary breast cancer by putting patients and families first.

As a team of professional experts and patients with secondary breast cancer (SBC), we help to empower people with this treatable, but incurable disease.

We are making a difference through support, education and research, guided by patients, that contribute to advancing an increased quality of life.

# About Secondary Breast Cancer

It is estimated that there are 35,000 people in the UK living with secondary breast cancer and yet very few people know about the disease. With on average 1000 patients losing their life to this form of breast cancer every month, we need to make a change. It can be treated but there is no cure.



## Why?

Lisa Fleming founded Make 2nds Counts on 29 May 2018 a year after her diagnosis of secondary breast cancer. She was 33 when she was diagnosed 'de novo' with secondary breast cancer. Lisa had no primary breast cancer diagnosis and it has spread to every bone in her skeleton.

“From the first day I sat in the hospital to begin a gruelling chemotherapy regime, I knew that when I felt ‘well enough’ I wanted to make a change. I wanted to raise awareness and funds to support research into secondary breast cancer. Most importantly, I wanted to ensure that people knew about the disease.”

**Lisa Fleming**

# Support & Education

With a focus on quality of life, our dedicated programmes help by informing, sharing and offering practical and emotional advice. We support patients and families across many areas impacted by secondary breast cancer.

- One on one support to understand clinical trials and eligibility
- 2nds Support Hub - an online resource which can be accessed through our website. It makes it simple for patients and their families to find groups and services within their region.
- Patient retreats, Tea and & Chat, private patient groups and family support.



# Research

To date we have funded over £200,000 of research with leading universities in the UK.

Our projects focus on quality of life and with a more immediate benefit to those affected by secondary breast cancer. The Make 2nds Count Patient Trials Advocate service is the first in the UK dedicated to patients with the disease.



# Together we can Make 2nds Count

We are here to help if you are a patient or family member impacted by secondary breast cancer.

Please get in touch if you would like more information or to support the vital work we do.



Find us at:



[Make2ndsCount.co.uk](https://www.Make2ndsCount.co.uk)  
[hello@make2ndscount.co.uk](mailto:hello@make2ndscount.co.uk)

Registered charity SCO48268